



FIND A PROGRAM NEAR YOU  
For contact information for an Instructor near you, [click here](#) and then on your state or province.



INSTRUCTORS LOGIN  
Please login by clicking on the link below.

[INSTRUCTORS >](#)

- [R.A.D. PROGRAMS](#)
- [PROGRAM LOCATOR](#)
- [THE SUIT](#)
- [ANNUAL CONFERENCE](#)
- [TEAM](#)
- [ABOUT US](#)
- [INSTRUCTORS](#)

## THE R.A.D. SYSTEMS OF SELF DEFENSE

You Can Do This.

The mission of the R.A.D. Systems is to establish an accessible, constantly improving and internationally respected alliance of dedicated Instructors. These Instructors in turn, will provide educational opportunities for women, children, men and seniors to create a safer future for themselves. In doing this, we challenge society to evolve into an existence where violence is not an acceptable part of daily life.

[WHAT R.A.D. OFFERS >](#)

### THE SUIT

**R.A.D. Systems** utilizes the world's first manufactured self defense suit.

[SEE THE SUIT >](#)

### SEE THE EXPERIENCE



### R.A.D. IN THE COMMUNITY



**R.A.D. Systems** is a network of certified instructors providing quality education in their communities.