

PSYC B40: Introduction to Lifespan Psychology

Student Learning Outcomes or AUO	Measure	PLO	ILO	GE
1. Identify and evaluate the major concepts, theories, empirical findings and historical trends in lifespan psychology.	Pre Post Test	PLO 1	1	D.1.1
	Essay	PLO 2	3	D.1.2
2. Compare, contrast, and assess the stages of the lifespan from the prenatal stage through late adulthood and describe the significant aspects of biosocial, cognitive, and psychosocial development of individuals in each stage.	Pre Post Test	PLO 1	1	D.1.1
	Essay	PLO 2	3	D.1.2
		PLO 3	4	
3. Recognize, interpret, and differentiate issues relevant to lifespan psychology such as child rearing practices, daycare/eldercare, education through the lifespan, heredity and environment, and current social issues.	Pre Post Test	PLO 1	1	D.1.1
	Essay	PLO 2	3	D.1.2
		PLO 3		D.1.3
4. Course Objectives: A. Contrast and compare developmental theories and approaches (including how different theoretical perspectives affect or determine the research and applications that arise from them). B. Analyze elements of a scientific approach to understanding human development in a biopsychosocial context. C. Identify biological, psychological, and sociocultural influences on lifespan development. D. Describe the ways in which psychological principles and research apply to real world problems and issues across the lifespan. E. Describe the sequences of physical, social, and cognitive development across the	Pre Post Test	PLO 1	1	D.1.1
	Essay	PLO 2	3	D.1.2
		PLO 3	4	D.1.3

lifespan, using the constructs and conceptual framework provided by psychological perspectives. F. Identify and describe the techniques and methods used by developmental psychologists to study human development. G. Identify and describe classic and contemporary theories and research in lifespan psychology. H. Describe the developing person at different periods of the lifespan. I. Identify possible causes or sources of developmental change and reasons for disturbances in the developmental process.

PLOs:

1. Demonstrate an understanding of the major concepts of behavior, theoretical perspectives, empirical findings, and historical trends in psychology.

Assessment: Exams, quizzes, papers, research and presentations.

2 . Demonstrate an understanding of basic research methods and information competency in obtaining relevant information about the science and profession of psychology.

Assessment: Exams, quizzes, papers, research and presentations.

3 . Exhibit an awareness of the ethical and professional factors related to the diversity of individuals and groups within the discipline of psychology.

Assessment: Exams, quizzes, papers, research and presentations.

ILOs:

- I. **Think critically and evaluate sources and information for validity and usefulness.**
- II. **Communicate effectively in both written and oral forms.**
- III. **Demonstrate competency in a field of knowledge or with job-related skills.**
- IV. **Engage productively in all levels of society – interpersonal, community, the state and nation, and the world.**

GELOs:

Use the GE categories from the catalog if this is a GE course.

A-E

D.1. Foundations in the Behavioral Sciences

1. Demonstrate an understanding of the perspectives, theories, methods, and core concepts of the behavioral sciences.
2. Explain the major problems and issues in the disciplines in their contemporary, historical, and geographical contexts.
3. Demonstrate an understanding of and an ability to describe the contributions and perspectives of women, ethnic and other minorities, and Western and non- Western peoples.

