

PSYC B33: The Psychology of Personal and Social Adjustment

Student Learning Outcomes or AUO	Measure	PLO	ILO	GE
1. Identify and differentiate various theories of normal and abnormal personality development.	Pre Post Test	PLO 1	1	D.1.1
	Essay	PLO 2	3	D.1.2 E.1
2. Identify and compare the categories of psychological disorders used in the current Diagnostic and Statistical Manual of Mental Disorders.	Pre Post Test	PLO 1	1	D.1.1
	Essay	PLO 2	3	D.1.2 E.1 E.2
3. Describe the major theories and concepts of health, stress and coping.	Pre Post Test	PLO 1	1 3	D.1.1 D.1.2 E.1, 2
4. Identify approaches to psychotherapy and behavior therapy.	Pre Post Test	PLO 1	1	D.1.1
		PLO 2	3	D.1.2
		PLO 3	4	E.1, 2

PLOs:

- 1.** Demonstrate an understanding of the major concepts of behavior, theoretical perspectives, empirical findings, and historical trends in psychology.
Assessment: Exams, quizzes, papers, research and presentations.
- 2 .** Demonstrate an understanding of basic research methods and information competency in obtaining relevant information about the science and profession of psychology.
Assessment: Exams, quizzes, papers, research and presentations.
- 3 .** Exhibit an awareness of the ethical and professional factors related to the diversity of individuals and groups within the discipline of psychology.
Assessment: Exams, quizzes, papers, research and presentations.

ILOs:

- I. Think critically and evaluate sources and information for validity and usefulness.**
- II. Communicate effectively in both written and oral forms.**

- III. Demonstrate competency in a field of knowledge or with job-related skills.**
- IV. Engage productively in all levels of society – interpersonal, community, the state and nation, and the world.**

GELOs:

Use the GE categories from the catalog if this is a GE course.

A-E

D.1. Foundations in the Behavioral Sciences

1. Demonstrate an understanding of the perspectives, theories, methods, and core concepts of the behavioral sciences.
2. Explain the major problems and issues in the disciplines in their contemporary, historical, and geographical contexts.
3. Demonstrate an understanding of and an ability to describe the contributions and perspectives of women, ethnic and other minorities, and Western and non- Western peoples.

E. Lifelong Understanding and Self-Development

1. Critically examine the development of the individual as an integrated physiological, psychological, spiritual, and social being.
2. Identify, describe and explain the interactions of the internal and external influences and effects in human development and behavior over the course of the human life span.

