

(PHED: 10- Intercollegiate Activity: Football)

Student Learning Outcomes or AUO	Measure	PLO	ILO	GE
1. Name and define the correct body positions for successful completion of the student's football position.	Pre / Post Test Functional Movement Evaluation	2	1	E.1
2. Demonstrate the cardiovascular fitness to perform tasks which are at times aerobic and anaerobic in nature.		1, 2	1	E.1
3. Demonstrate the rules of football as established by the NCAA.	Pre/Post Written Evaluation	1, 2	1	E.1
4. Demonstrate the proper techniques and body movements which are required for successful performance.		1, 2	1	E.1
5. Perform a team task at a competitive level under duress which is experienced in intercollegiate athletics.	Pre/Post Strategic Evaluation	1, 2	1	E.1
6. Explain orally what is meant by the concept of sportsmanship		1	1, 4	E.1
7. Demonstrate the ability to strategize by countering the moves of an opponent as learned in daily class meetings.		1, 2	1	E.1
8. Perform in an instantaneous manner to clues given by the opposing team		1, 2	1	E.1

9. Explain the general rules of the game of intercollegiate football.

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1

E.1

PLOs:

1. Analyze the history, research and current information in Kinesiology and their current applications. **(Inquiry)**
2. Demonstrate and explain the basic anatomy and physiological principles at work in both sport performance and general fitness activities. **(Performance / Communication)**
3. Demonstrate an understanding of the value and significance of physical activity for human development, human interactions and quality of life. **(Content Knowledge & Interdisciplinary Connections)**
4. Demonstrate and describe the primary aspects of injury and trauma response as a first responder. **(Performance / Communication)**
5. Recognize the principles of physical fitness development and maintenance as well as the body's responses to physical activity. **(Inquiry)**

ILOs:

1. Think critically and evaluate sources and information for validity and usefulness. **(Inquiry)**
2. Communicate effectively in both written and oral forms. **(Communication)**
3. Demonstrate competency in a field of knowledge or with job-related skills. **(Content Knowledge)**
4. Engage productively in all levels of society – interpersonal, community, the state and nation, and the world. **(Interdisciplinary Connections)**

GELOs:

Area E - Lifelong Understanding and Self-Development

1. Critically examine the development of the individual as an integrated physiological, psychological, spiritual, and social being.
2. Identify, describe and explain the interactions of the internal and external influences and effects in human development and behavior over the course of the human life span.

