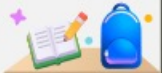
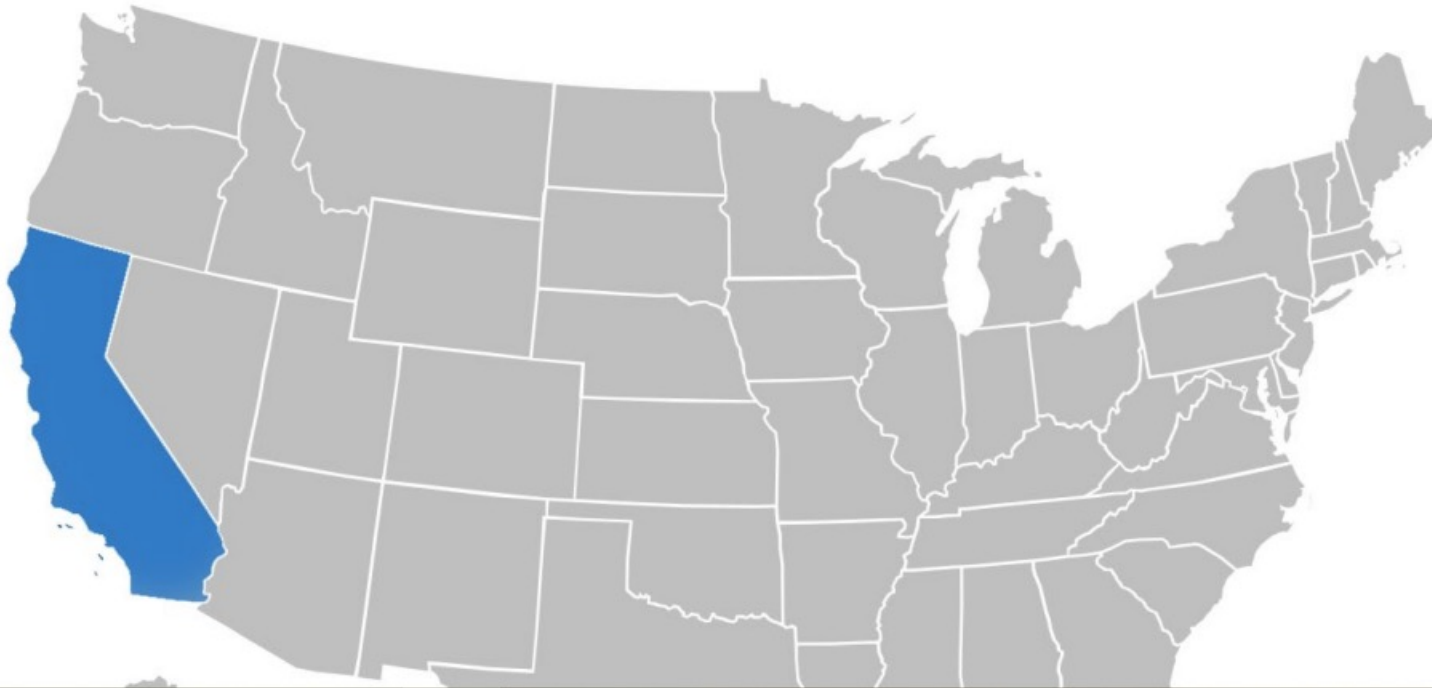


County Health Rankings & Roadmaps

Building a Culture of Health, County by County

2022 State Report California



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2/23/2023

Kern, CA

2022 | v

Rank #53 of 58 counties in [California](#)

[Download California data sets](#)

Health Outcomes

Health outcomes represent how healthy a county is right now, in terms of length of life but quality of life as well.

Kern (KE) is ranked among the least healthy counties in California (Lowest 0%-25%).



Health Factors



Health Factors represent those things we can modify to improve the length and quality of life for residents.

Kern (KE) is ranked among the least healthy counties in California (Lowest 0%-25%).



Kern County Snapshot

Health Outcomes					
Length of Life		Kern (KE) County	California	United States	—
Premature Death		8,700	5,700	7,300	▼
Quality of Life		Kern (KE) County	California	United States	—
Poor or Fair Health		27%	18%	17%	▼
Poor Physical Health Days		4.8	3.7	3.9	▼
Poor Mental Health Days		4.6	3.9	4.5	▼
Low Birthweight		7%	7%	8%	▼
Additional Health Outcomes (not included in overall ranking)					+

Health Factors					
Health Behaviors		Kern (KE) County	California	United States	—
Adult Smoking		15%	10%	16%	▼
Adult Obesity		36%	26%	32%	▼
Food Environment Index		7.4	8.9	7.8	▼
Physical Inactivity		33%	22%	26%	▼
Access to Exercise Opportunities		82%	93%	80%	▼
Excessive Drinking		16%	19%	20%	▼
Alcohol-Impaired Driving Deaths		32%	28%	27%	▼
Sexually Transmitted Infections		763.8	599.1	551.0	▼

Health Outcomes Rank – 53rd out of 58 Counties

Health Factors Rank – 57th out of 58 Counties

2022 California County Health Rankings

2 / 12 | 100%

County Health Rankings 2022

2022 County Health Rankings for the 58 Ranked Counties in California

County	Health Outcomes	Health Factors	County	Health Outcomes	Health Factors	County	Health Outcomes	Health Factors	County	Health Outcomes	Health Factors
Alameda	10	6	Kings	32	54	Placer	4	4	Sierra	50	31
Alpine	30	43	Lake	56	48	Plumas	54	29	Siskiyou	57	34
Amador	23	21	Lassen	48	36	Riverside	25	33	Solano	22	19
Butte	29	32	Los Angeles	24	35	Sacramento	26	23	Sonoma	8	11
Calaveras	28	26	Madera	37	49	San Benito	18	22	Stanislaus	36	42
Colusa	27	52	Marin	1	1	San Bernardino	43	45	Sutter	35	30
Contra Costa	14	9	Mariposa	31	37	San Diego	15	16	Tehama	52	46
Del Norte	51	53	Mendocino	44	39	San Francisco	7	5	Trinity	58	41
El Dorado	17	12	Merced	38	56	San Joaquin	42	44	Tulare	47	55
Fresno	45	51	Modoc	55	47	San Luis Obispo	13	7	Tuolumne	34	25
Glenn	40	50	Mono	16	20	San Mateo	2	2	Ventura	9	17
Humboldt	39	28	Monterey	21	38	Santa Barbara	19	18	Yolo	12	13
Imperial	33	58	Napa	5	15	Santa Clara	3	3	Yuba	49	40
Inyo	41	24	Nevada	20	8	Santa Cruz	11	14			
Kern	53	57	Orange	6	10	Shasta	46	27			

For more information on how these ranks are calculated, view the technical notes at the end of this report and visit www.countyhealthrankings.org

Support BC!



Help support BC!

[Visit the Bakersfield College Foundation website](#)

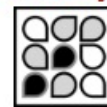
Our Core Values

Learning:



We foster curiosity, inquiry, critical thinking, and creativity within a safe and rigorous academic environment so that we might be empowered to radically transform our community into one that gives voice and power to all people.

Diversity:



We insist that diversity be valued and promoted, recognizing that multiple perspectives lead to a better education and knowledge of the world; listening and witnessing different experiences helps us to understand and contextualize power and privilege related to gender, race, class, religion, disability, and sexuality in terms of access and barriers to resources and opportunities.

Integrity:



We continue to develop and follow an ethical and moral consciousness which places the collective wellbeing and health above the self; this principled environment allows for open, constructive conversations and teaches us to trust each other's vision so that we will be useful and effective in providing support, resources, and encouragement.

Community:



We commit to the wellbeing of all members of our community; we maintain strong ties with the surrounding community, and we respond to their needs by serving as an open institution which engages all students, faculty, and staff; in our college, we have built and continue to build an environment in which all members participate as a community through democratic engagement.

Wellness:



We believe health and wellness to be integral and foundational elements, and we understand that a holistic education improves all aspects of the individual and the society including the mind, body, and spirit; through education, we will positively impact the health of the natural environment and the global community.

Sustainability:



We recognize our responsibility for continuing and maintaining this institution which has been shaped by over 100 years of resolute and tenacious labor and judicious foresight, so we unceasingly place our energies into imagining how we might renew our fiscal, human, and environmental resources into the future.

QUESTIONS? ASK RENEGADEBO

